

**Tina-Avalon R-II
High School
ATHLETIC, CLUB AND ACTIVITY
HANDBOOK 2016-17**



**Approved By
the
Board of Education
July 2016**

*** SPORTS AND ORGANIZATION SPONSORS:**

- Shelia Hesler Jr. High & Sr. High Scholar Bowl Coach
- William Dow Athletic Director
- Kyle Kelley High School Boys’ Basketball Coach
- Dana Hansen High School Girls’ Basketball Coach
- Kyle Thornton..... Jr. High School Boys’ Basketball Coach
- Kyle Thornton..... Jr. High School Girls’ Basketball Coach
- Danielle Costner High School Cheerleader Coach
- Susan Rucker FBLA
- Rene Trussell FCCLA
- Todd Jones FFA
- Michelle Ray..... Golf
- Lauren Lee National Honor Society
- Kyle Thornton..... Girls’ Softball Coach
- Kyle Thornton Boys’ Baseball Coach
- Rene Trussell Student Council
- Jenni Scott..... Jr. High & High School Boys’ & Girls’ Track Coach
- Charlotte Bigler Yearbook Advisor

Schedule

This handbook was prepared as a guide to students, parents, and staff. We at Tina-Avalon recognize that extra-curricular/co-curricular activities are a vital part of school life. We know that membership in clubs and organization, participation in athletics, and overall involvement in school activities becomes a benchmark for success in life.

We at Tina-Avalon encourage our students to become INVOLVED. The purpose of this handbook is to list the many activities sponsored here at Tina-Avalon R-II and make an attempt to spell out the rules and regulations that govern involvement in each activity.

We hope that this handbook will be used as a guide to answer questions concerning eligibility, membership, and rules associated with each club, activity or sport.

GENERAL RULES FOR ALL ATHLETIC SPORTS, ORGANIZATIONS, AND EXTRA-CURRICULAR ACTIVITIES

1. Must be academically eligible to participate in all athletic/activity events. Students attend but not participate in practice with the team until eligible.
2. Develop the attitude and behavior necessary to become a good citizen.
3. Students must attend school a minimum of 1/2 day to participate and/or practice. (Exceptions must be cleared in advance by the Administration.)
4. Observe all training rules set forth by the coach (Students should see the extra-curricular code of conduct in the Student Activity Handbook. Possession, use, or sale of tobacco, alcohol, or illegal substance.
5. Go to and from activities in school approve transportation. (Exceptions can be made, but must be approved by the Administration in advance. Participants may leave with their parents by signing out with the coach/sponsor. **Students may return home with the parents of another student only if prior permission has been granted by an administrator.**

* Students are not allowed to leave activities with anyone other than a parent.

*** PARTICIPATION IN SCHOOL ACTIVITIES IS A PRIVILEGE AND NOT A RIGHT.**

EXTRA-CURRICULAR CODE OF CONDUCT

The Tina-Avalon (District) extracurricular programs are intended to supplement the educational experience. Participation in extracurricular activities is a privilege, not an entitlement. Participants are expected to conform to a higher standard of conduct than is applicable to non-participants. Participants serve as representatives and leaders of the school and are expected to set a positive example for other students.

The Tina-Avalon District has established this Extracurricular Code of Conduct ("Code of Conduct") so that students and their parents/legal guardians will be aware of the behavioral expectations of those students who participate in extracurricular activities at District. The effective cooperation of parents/legal guardians and their participation in the enforcement of this Code of Conduct are vital to ensuring that students follow the rules and avoid behaviors that are damaging to the students themselves and the community.

Therefore, every participant must abide by the following rules.

1. A participant must meet the eligibility requirements set out by the Missouri State High School Activities Association (MSHSAA) and must conform to all applicable MSHSAA rules and regulations.

2. A participant must meet any additional eligibility requirements as determined by the local area athletic conference or academic conference and must conform to all applicable conference rules and regulations.
3. A participant must conform to District eligibility requirements, rules, regulations and standards for participation as set forth below and as set forth in District policies and regulations.
4. A participant must be a good and credible school citizen as set forth below and as set forth in District policies and regulations.
5. **ALL OTHER STUDENT DISCIPLINE POLICIES REMAIN IN EFFECT:** All policies that apply to the regular school day apply also to extracurricular activities. Thus, a student who violates District or school discipline policies, as detailed in the applicable parent/student handbook and/or Board policy, is subject to disciplinary action in addition to the consequences for misconduct set forth in this Code of Conduct.
6. **SPONSOR/COACH-IMPOSED RULES:** The management of an extracurricular activity is the responsibility of the coach or sponsor who is in charge of the selection of participants and the extent of their participation. Each coach/sponsor may also establish additional written guidelines for their activities. These guidelines shall be presented orally and in written format. A copy of such guidelines shall be kept on file with the building principal.

CODE OF CONDUCT: Students desiring to participate in programs covered under this Code of Conduct, as well as parents, must sign a card stating they are aware of, understand, and agree to abide by the rules of conduct that apply to these activities.

7. **GOOD CITIZENSHIP:** A participant must demonstrate **good citizenship in the school and community**. In addition to complying with this Code of Conduct, participants must conform to all general school rules and regulations and rules established by the coach/sponsor for the activity in which he/she is participating. Participants must also comply with the laws of the community.
 - a. A participant shall not be eligible to participate in any extracurricular activity while serving an out-of-school suspension or an in-school suspension.
 - b. A participant who withdraws from school following the administration's decision to impose a long-term suspension shall not be eligible to participate in extracurricular activities for 365 days from the date of withdrawal.
 - c. A participant being removed from any activity for disciplinary reasons will be brought under advisement of the activities/athletics director, sponsor in charge and/or principal; and appropriate action will be taken, which may result in exclusion from other activities in which the student is a participant.
 - d. A participant removed from class for misbehavior on the day of a scheduled event may be ineligible to participate in the event. The decision will be solely within the discretion of the principal or principal's designee.
8. **DEFINITIONS:** For the purposes of this Code of Conduct, the following specific definitions will apply. Students and their parents/legal guardians are expected to understand these definitions. Ignorance of these definitions will not be a defense to a violation of this Code of Conduct.
 - i. **Drugs/alcohol:** The term "drugs/alcohol" shall include any controlled substance, illegal drug, narcotic drug, hallucinogenic drug, amphetamine, barbiturate, marijuana, ecstasy, item described as a controlled substance under Missouri Revised Statutes or federal law, prescription drug that is outside of its prescribed packaging or that is possessed by someone other than the patient to whom it is prescribed, alcohol (defined as the intoxicating agent in beverage alcohol, ethyl alcohol or

other low molecular weight alcohols including methyl and isopropyl alcohol, beer, wine, and/or hard liquor), drug or alcohol paraphernalia, look-alike drugs, items represented to be a drug or which, by markings or other characteristics, appear to be a drug.

- ii. **Arrest, Charge, or Conviction:** These terms refer to any of the following actions: being taken into custody by a law enforcement officer; being the subject of charges, an indictment, entry of an Alford plea; being convicted in a court of law; pleading guilty or nolo contendere; or pleading guilty to a lesser or alternative charge, regardless of whether such charge concerns drugs/alcohol.
- iii. **Possession:** The term “possession” shall be broadly defined and liberally construed as it relates to drugs/alcohol. Consistent with this broad and liberal definition, possession shall include: holding or having the drugs/alcohol on one’s person or in or on one’s personal property (such as cars, bags, coats, clothes, etc.), regardless of length of time.

This definition is subject to the exceptions designated below; however, those exceptions shall be strictly construed.

9. **DRUGS/ALCOHOL RULES:** Students must comply with the following specific rules prohibiting the possession, use, distribution, and sale of drugs/alcohol.

- a. ***A participant must not possess or use drugs/alcohol.*** A participant will be in violation of this rule if the use or possession occurs – regardless of whether the student is on school property, at a school-sponsored event, or in-or out-of the student’s activity season – and if any one of the following exists:

- (1) The use or possession is observed by a law enforcement agency official; or
- (2) The use or possession is observed by school personnel.

- b. ***A participant must not distribute or sell drugs/alcohol.*** A participant will be in violation of this rule if sale or distribution (i.e., transfer to another person) occurs – regardless of whether the student is on school property, at a school sponsored event, or elsewhere in-or out-of the student’s activity season – and if any one of the following exists:

- (1) The sale or distribution is observed by a law enforcement agency official; or
- (2) The sale or distribution is observed by school personnel.

- c. ***A participant must not be arrested for, charged with, or convicted of an offense that relates to or involves drugs/alcohol.*** A participant will be in violation of this rule if the student is arrested for, charged with, or convicted of any offense that relates to the possession of, consumption of, sale or distribution of, drugs/alcohol.

- (1) This provision is not limited to Missouri offenses. Out-of-state offenses will also qualify as a violation of this policy.
- (2) Students who are arrested for or charged with an offense that relates to or involves drugs/alcohol and who subsequently are formally acquitted by a court of law may notify the Appeals Committee and may be relieved by the Appeals Committee of punishment under this Code of Conduct unless the student has been shown to have otherwise violated this Code of Conduct. Students and their parents/legal guardians must remember that the standards of proof applicable in the criminal justice system do not apply in the school setting. Lesser standards of proof are applicable in the school setting. ***FOR EXAMPLE, a student may be acquitted of the criminal charge of driving under the influence of alcohol, but he/she may remain in violation of this Code of Conduct if he/she was observed by adults or police officers in possession of alcohol.***

- (3) Students and their parents/legal guardians should be aware that under Missouri criminal laws, persons under age 21 may be arrested for and charged with possession-related crimes even if they are not actually observed using drugs/alcohol. Moreover, these “zero tolerance” laws forbid minors from consuming drugs/alcohol, regardless of the amount. The mere use of alcohol or drugs is sufficient to support charges and a conviction under law.
- d. There will be no penalty to a participant who requests help in the form of assessment or treatment for substance or alcohol abuse before the District receives a report of the participant’s alleged violation of this Code of Conduct. However, a participant who engages in conduct that violates this subparagraph, after requesting assessment or treatment, will be subject to the consequences of this Code of Conduct.
- e. **Consequences for Violation:** A student who violates the drugs/alcohol provisions under this Code of Conduct shall be subject to the following consequences:
- **First Violation During High School Career:**
 1. The student shall be suspended from 40% (rounded up) of all scheduled activities/events/contests/performances in all MSHSSA recognized activities and other scheduled extracurricular events/contests/performances that the participant is involved in for the next 365 days.
 - *2. The student shall be entitled to reduce this suspension from 40% to 20% (rounded up) if the student takes the following step:

The student must complete a total of 20 hours of community service, which shall include service designed to benefit the District itself, another governmental entity, or a non-profit community group. The student must submit a service plan to be approved by the school principal. The student must complete the service and provide verification of completion. The community service hours will not be counted concurrently with community hours served for court or another entity.

NOTE: Students who fail to complete the required steps in the 40% to 20% reduction program will remain subject to the 40% consequence.
 - **Second or Additional Violations During High School Career:** The student will be suspended from all extracurricular activities for 365 calendar days. Each subsequent violation will result in an additional 365 calendar day suspension.
- f. **Exceptions:** The drug/alcohol provisions exclude the use, possession, or transfer of drugs/alcohol if, and only if, one of the following conditions is met:
- (1) The conduct occurs as part of a family dinner or family celebration at which the student’s parent(s)/legal guardians are present.
 - (2) The conduct occurs as part of a bona fide religious ceremony as recognized under federal law.

NOTE: Only bona fide religious beliefs are within this exception. Students will not be permitted to simply claim that they are attending a party on a Friday or Saturday night with their peers in furtherance of their religious beliefs. Lying or falsifying information regarding religious beliefs is inappropriate and unethical and will not be tolerated.
10. **OTHER PROHIBITED CONDUCT:** Participants must not engage in the following additionally prohibited conduct:
- a. A participant may not cause or attempt to cause physical harm to another person. A participant who attempts to cause or causes physical harm to another person may be suspended from the scheduled

events/contests/performances in all MSHSSA-recognized activities and other scheduled extracurricular events/contests/performances that the participant is involved in for up to 365 days from the date of the incident.

- b. A participant must conform to the school discipline policy. Failure to abide by school discipline policy, except as otherwise provided above, may result in a suspension from the scheduled events/contests/performances in all MSHSSA-recognized activities and other scheduled extracurricular events/contests/performances that the participant is involved in for up to 365 days from the date of incident.
 - c. A participant may not be arrested for, charged with, or convicted of a felony or misdemeanor under either criminal law or juvenile law, regardless of whether the offense occurs on or away from school property. Such conduct may result in a suspension from the scheduled events/contests/performances in all MSHSSA-recognized activities and other scheduled extracurricular events/contests/performances that the participant is involved in for up to 365 days from the date of the incident.
 - d. A participant must not use tobacco, and must not have on one's person or in or on one's personal property (such as cars, bags, coats, clothes, etc.), any tobacco products, including chewing tobacco, tobacco that is smoked, tobacco paraphernalia, look-alike tobacco products or paraphernalia, or herbal or clove cigarettes, even if participant is of legal age. Such conduct may result in a suspension from the scheduled events/contests/performances in all MSHSSA-recognized activities and other scheduled extracurricular events/contests/performances that the participant is involve in for up to 365 days from the date of the incident.
 - e. Notwithstanding any provision of this Code of Conduct or any other District policy, the District reserves the right to enhance or reduce the penalties associated with a violation of this Code of Conduct based upon the nature, severity, and frequency of the offense(s).
11. **ATHLETIC PRACTICES:** Athletic participants **will not** be allowed to practice with their team during an extracurricular suspension. Also, the athletic participant will not be permitted to sit or travel with the team/group or wear team/group insignia in the events/contests/performances during the extracurricular suspension.
12. **APPEAL PROCEDURES:** The procedures below are provided for the sole purpose of preventing extracurricular suspensions based upon inaccurate or incomplete information. These procedures are **not** intended to provide the participants with an opportunity to (1) avoid extracurricular suspensions imposed for prohibited acts that they have actually committed, or (2) ask administrators for leniency when an appropriate consequence has been imposed for conduct that has actually occurred. Nor are they intended to suggest that participation in extracurricular activities is an entitlement rather than a privilege. Participation in extracurricular activities remains, at all time, a privilege.
- a. **OPPORTUNITY TO BE HEARD BEFORE SUSPENSION:** A participant should generally be advised of the reason for the extracurricular suspension, and provided an opportunity to respond, prior to the imposition of the consequence. When it is necessary in the judgment of the activities/athletic director or principal to suspend a participant from an extracurricular activity before advising the participant of the reason for such suspension or removal, the participant should be advised of the reason and given an opportunity to respond within a reasonably prompt time after the consequence has been imposed.
 - b. **APPEALS AFTER SUSPENSION IMPOSED:** The term "appeal," when used below, shall refer to the opportunity for the student to tell his/her side of the story – either verbally or in writing – to the person or persons who are hearing the appeal. The person or persons hearing the appeal have the right to impose time limits and other regulations regarding the respective appeal.
 - i. **FIRST APPEAL:** Participants may appeal an extracurricular suspension imposed by the

athletic/activities director to the building principal.

- ii. **SECOND APPEAL:** Participants may appeal an extracurricular suspension imposed or affirmed by the building principal to the building-level Appeals Committee. The Appeals Committee shall be appointed at the beginning of each school year and shall consist of one administrator other than the principal, one coach/activities sponsor, and one additional teacher.
 - iii. **THIRD APPEAL:** Participants may appeal their extracurricular suspension affirmed by the Appeals Committee to the Superintendent of Schools.
 - iv. **FINAL APPEAL:** Participants may appeal an extracurricular suspension to the Board of Education. The decision of the Board of Education shall be final.
- c. During the pending of an appeal, the extracurricular suspension will remain in full force and effect.

** 13. **STUDENT RESPONSIBILITY: (New MSHSAA Rule)** Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from discovery, pending review by the Board of Directors.

** New academic standards for MSHSAA state those students in grades 9-12 must be currently enrolled in and regularly attending courses that offer a minimum of 3.0 units of credit and must have earned a minimum of 3.0 units of credit the preceding semester of attendance. Tina-Avalon R-II students must pass 7 classes to meet this requirement. In addition, local school policy does not allow for a student to have an "F" or failing mark in any course or that student is ineligible for the mandatory seven (7) day period of ineligibility. The student will regain eligibility when the averaged grade is raised above an F.

Grades are checked at mid-term of each quarter and at the end of each quarter.

PARTICIPATION IN SCHOOL ACTIVITIES IS A PRIVILEGE AND NOT A RIGHT.

PARTICIPANTS ARE REQUIRED TO COMPLY WITH ALL OF THE ABOVE-LISTED REQUIREMENTS TO BE ELIGIBLE FOR PARTICIPATION IN EXTRACURRICULAR ACTIVITIES.

CADET TEACHER

Tina-Avalon Cadet Teachers provides opportunities for future teachers and takes an active part in recognition of excellence in education. We offer a supervised cadet teaching opportunity for credit. Cadets will be under the supervision of a classroom teacher.

Qualifications:

Cadet Teaching - (for credit)

1. Must have approval of Guidance Counselor and cooperating teacher.
2. Be willing to follow instruction and guidance of cooperating teacher.
3. Understand he/she is not in charge of the class, and realize that discipline problems are to be handled by the cooperating teacher.
4. Be in REGULAR and PROMPT attendance. Excessive absence will result in the Cadet being dropped at semester.

EVALUATION OF THE CADET TEACHER

1. Cadet Teaching will be an elective H.S. subject.
2. The cadet teacher will receive a letter grade. The letter grade will be assigned by the cooperating teacher on the basis of participation (class lessons, and visual aides) written work and/or reports as well.

SCHOLAR BOWL

The Tina-Avalon R-II District participates in Scholar Bowl contests and applies MSHSAA rules towards contest procedure and students must meet district eligibility requirements.

TEAM REQUIREMENTS:

Junior High Team

1. Members of the junior high team must be in grades 7, 8, or 9.
2. There are no restrictions on membership except that students must meet academic eligibility requirements.
3. The student must take part in practice.

High School Team

1. Members of the high school team can be in grades 9-12
2. There are no restrictions on membership except that students must meet academic eligibility requirement.
3. The student must take part in practice and members.

LETTERS:

Letters will be presented at the Academic Award Ceremony in May. Students cannot have been suspended from the team for any reason.

TRANSPORTATION:

Students are required to ride school sponsored transportation. Students may be allowed to ride home with their parents by signing a sign-out sheet. All exceptions must be approved in advance by the Administration. *See General Rules for Extra-Curricular Events

NATIONAL HONOR SOCIETY

The name of this organization shall be the National Honor Society of Secondary Schools. (NHS)
The purpose of this organization shall be to create enthusiasm for scholarship, to stimulate desire to render service, to promote leadership, and to develop character in the students of Tina-Avalon R-II.

MEMBERSHIP:

Membership in local chapters is an honor bestowed upon a student. Selection for membership is by a faculty council and is based on outstanding scholarship, character, leadership, and service. Once selected, members have the responsibility to continue to demonstrate the qualities of scholarship, leadership, service, and character.

To be eligible for membership the candidate must be a member of those classes (sophomore, junior, or senior) designated as eligible in the chapter bylaws. Candidates must have been in attendance at the school the equivalent of one semester.

Candidates must have a cumulative scholastic average of at least 87.5 percent, B, or 3.5 (on a 4.0 scale) or the equivalent standard of excellence for that school. Candidates are evaluated on the basis of service, scholarship, leadership, and character.

The selection of members to the chapter shall be by at least 75% vote of the faculty council. The faculty council will consist of members in whom students are currently enrolled in their classes. The faculty council shall meet at least once a year to select members and to consider dismissal, non-selection, and warning cases.

DISMISSAL

The procedure for dismissal shall be determined by the faculty council in compliance with the rules and regulations of the National Honor Society. (See National Honor Society Handbook, (Article X) Smoking, drinking, sale or use of illegal drugs, cheating, conduct unbecoming a member of the National Honor Society can be reason for dismissal.

RECOGNITION

Students nominated for National Honor Society induction will take part in a week of initiation and will be recognized at a special assembly in the spring where they will be sworn-in. Once members, they will receive a National Honor Society pin and will be recognized at the National Honor Society Award Ceremony in the spring.

Graduating members will be presented with a yellow cord to be worn at graduation to signify membership in the NHS.

MUSIC - CHORUS AND BAND

Band is open to any student grades 5 thru 12 based on the following criteria:

5th -6th Grade Beginning Band: Open to all 5th- 6th graders. Students will audition on each instrument to determine the best fit.

At the discretion of the Band teacher, the Junior High and High School Bands will perform together for all parades and contests, and will perform both together and separately at concerts.

Chorus is open to all students 7 through 12.

Band and Choir members are expected to participate in all parades, concerts, or contests required by the director.

Students are expected to represent Tina-Avalon Music and Band with pride. Any unbecoming behavior will result in suspension from parades, concerts, or other activities.

NATIONAL FFA ORGANIZATION

Tina Avalon R-II has a very active FFA Chapter. To be eligible to become a member of FFA, a student must be enrolled in at least one Agricultural Education class each year.

The FFA makes a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success through agricultural education.

Rules and procedures for the FFA are outlined in the National FFA By-Laws. Students are expected to own or have access to FFA official Dress as outlines in the Official FFA Manual. Each high school student will have an approved SAE. Each student will be responsible for all expenses associated with their own SAE project and will maintain a complete set of records in the approved record book.

Eligibility requirements apply to Agricultural Education and FFA activities except when the specific activity is part of the student's grade.

FFA officers are selected yearly and will interview before a committee. Elected officers must meet national requirements, fulfill their office responsibilities and are expected to represent the school positively.

Members are expected to participate in meetings, recreational and community service projects, committee work assignments as well as other projects of the Chapter.

Members will be expected to participate in fund-raising activities and are responsible for the sale, distribution of products and the collection of money. Students are to turn in monies raised in a timely fashion and are responsible for any money lost or not turned in.

DANCES/PROM

SCHOOL DANCES

Throughout the year the Tina-Avalon Student Council and other organizations sponsor school dances. Here is a list of rules pertaining to school dances.

1. Students must be academically eligible to attend.
2. Students are asked to stay in the building. The general rule is that if you leave, you cannot return to the dance.
3. Drinking and smoking will be dealt with according to general discipline and extracurricular rules.
4. Students are expected to conduct themselves appropriately and recognize that the sponsor of the dance may correct them or ask them to leave. (If a student is asked to leave, general rules applying to citizenship may be enforced, restricting them from future dances or activities.)

PROM

Students must meet academic eligibility requirements. Students must fill out the required paper work to attend.

Students are expected to follow School Rules and display good citizenship. Students are expected to dress formally.

ATHLETICS

Cheerleading, Baseball/Softball, Golf, Basketball, and Track

Tina Avalon will follow the MSHSAA guidelines as to eligibility and rules. (However, the Tina Avalon academic standards will also be used to determine eligibility.)

Qualifications:

- 1. Must be a student at the high school or junior high level and maintain MSHSAA academic requirements and must be academically eligible by Tina Avalon requirements. If a student becomes ineligible they no longer allowed to practice or participate with the team and will be dismissed from the team until the student is no longer ineligible. They are allowed to attend practice.**
- 2. All paperwork must be completed with parent consent and physical exam turned into your coach before the first practice.**

Responsibilities:

1. To attend all practices and games.
2. Failure to cooperate with faculty, administration, or organization could result in suspension or dismissal from the squad.
3. To participate in any fund raising activity for the squad.
4. To follow student handbook and standards.
5. To follow and enforce codes of conduct at home and away ball games.
6. To submit a current physical exam and record of insurance coverage.
7. To attend all events, and practices.
8. To follow all training rules and understand that they are subject to appropriate disciplinary action. All members shall remember that they are representatives of their school and community and reflect good judgment and proper behavior inside and outside of school.
9. Need to show a willing attitude to work hard and to be instructed /coached.

*See Extra-Curricular Code of Conduct

Practice Rules:

1. Attendance is required for all practices.
2. You must dress appropriately for all practices. Failure to do so will result in suspension from a portion of or entire event.
3. If you become ill during the day and leave school, you must notify the sponsor.
4. Additional practice/meetings may be called at the discretion of the coach.

CHEERLEADING

Purpose:

The purpose of this squad is to promote school spirit and a positive school environment by participating at athletic events and extra-curricular activities as deemed appropriate by the administration and sponsor. As recognized school leaders, cheerleaders are expected to be positive role models at school and in the community.

Qualifications:

1. Must be a student at the high school or junior high level and maintain MSHSAA academic requirements and must be academically eligible by Tina-Avalon requirements. If a student becomes ineligible they can attend practice but cannot participate until they become eligible.

2. All paperwork must be completed with parent consent, cheerleading agreement and physical exam turned into your coach before the first practice.

Responsibilities:

1. To attend all practices and games.
2. Failure to cooperate with faculty, administration, or organization could result in suspension or dismissal from the squad.
 3. To participate in any fund raising activity for the squad.
 4. To follow student handbook and standards.
5. To follow and enforce codes of conduct at home and away ball games.
6. To submit a current physical exam and record of insurance coverage.
7. To attend all events, and practices.
8. To follow all training rules and understand that they are subject to appropriate disciplinary action. All members shall remember that they are representatives of their school and community and reflect good judgment and proper behavior inside and outside of school.
9. Need to show a willing attitude to work hard and to be instructed/coached.

*See Extra-Curricular Code of Conduct

Practice Rules:

1. Attendance is required for all practices.
2. You must dress appropriately for all practices. Failure to do so will result in suspension from a portion of or entire event.
3. If you become ill during the day and leave school, you must notify the sponsor.
4. If you miss a practice contact your sponsor/coach
5. Additional practice/meetings may be called at the discretion of the coach.

LETTERS:

Letters will be presented at the Academic Award Ceremony in May. Students cannot have been suspended from the team for any reason.

BASEBALL/SOFTBALL

All students' grades 9-12 who are academically eligible may try-out for the baseball or softball team. Students are responsible for providing their own ball gloves. The school will furnish bats, batting helmets, and baseballs/softballs.

Student will be assigned a uniform and are financially responsible for the uniform. (Students will be required to purchase their own baseball hats.)

Each coach is given the authority to establish training rules. Students are expected to follow those rules. Failure to comply with athletic rules may result in expulsion from the squad.

All athletes must agree to follow training rules and are subject to appropriate disciplinary action.

* See Extra-Curricular Code of Conduct

LETTERS:

Letters will be presented at the Academic Award Ceremony in May. Students cannot have been suspended from the team for any reason.

BASKETBALL

Tina-Avalon will have a junior high and high school boys and girls team. All students must be academically eligible to participate. Students will be expected to participate by willingly working hard and being able to be instructed/coached.

Junior High members must be in the 7th, 8th, or 9th grades. High school members may be in grades 9, 10, 11, or 12. Freshmen players may be brought up to the junior varsity or varsity team, but may only play in as many games as is specified by MSHSAA guidelines.

Coaches are allowed to set training rules and students are expected to follow them. Failure to follow training rules may result in expulsion from the team.

Students are expected to purchase their own tennis shoes and are financially responsible for their uniform if it is lost or damaged in a non- game situation.

Students are expected to follow athletic training rules and are subject to appropriate disciplinary action.

*See Extra-Curricular Code of Conduct

LETTERS

Letters will be presented at the Academic Award Ceremony in May. Students cannot have been suspended from the team for any reason.

TRACK

Tina-Avalon will have a junior high and high school track team for both girls and boys. All students must be academically eligible to participate. Students will be expected to participate in events assigned by the coach or assistant coach.

Students are responsible for providing their own running shoes and are responsible for their uniforms if lost or damaged.

Coaches are allowed to establish training rules. Failure to attend practice or follow training rules could result in suspension from the team.

As many track meets take students away from school early, students need to be advised that they are responsible for any and all work that is missed while away at track meets. Students should endeavor to get their work in advance and it is their responsibility to contact their teachers about make-up work.

Students are expected to follow all training rules and are subject to appropriate disciplinary actions.*See Extra-Curricular Code of Conduct

LETTERS

To receive a varsity letter in track, a student must accumulate 1 point a track meet or a accumulation of the number of track meets. Example: If there are six track meets then a student must score 6 points. Students cannot have been suspended from the team for any reason.

CHAIN OF COMMAND FOR COMPLAINTS

DISCIPLINARY ACTIONS TAKEN IN CONJUNCTION WITH EXTRA CURRICULAR ACTIVITIES ARE IN ADDITION TO DISCIPLINARY ACTIONS TAKEN BY THE SCHOOL IN VIOLATION OF THE SCHOOL DISCIPLINE CODE.

Nondiscrimination and Student Rights

Parent-Coach/Sponsor-scheduled meeting
Parent-Athletic Director-Coach/Sponsor-scheduled meeting
Parent-Principal/Athletic Director-Coach/Sponsor
Parent-Principal/Athletic Director-Superintendent-Coach/Sponsor
Board

The Board of Education reaffirms its belief that every student regardless of race, creed, color, cultural or socioeconomic status or disabling condition be given equal opportunity for educational development.

The Board recognizes the importance of providing each student with a school environment conducive to intellectual, emotional and social growth through participation in a full range of educational programs and activities. Board and staff commitments insure equal educational opportunities in course offerings, guidance and counseling, test procedures, extracurricular activities, discipline procedures and student support services.

NOTICE OF NONDISCRIMINATION

The Tina-Avalon School District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies: Jana Holcer, Superintendent, 11896 Hwy 65 Tina, Mo 65682, 660-622-4211.

SCHOOL/COMMUNITY RELATIONS

REGULATION 1431

GENERAL ADMINISTRATION

CODE OF CONDUCT-ADULTS

In order to ensure a safe and orderly environment in which our students can maximize their educational and social development, the following regulations are enacted with respect to the conduct of adult visitors:

- Verbally aggressive behavior, which would include, but not be limited to, threats, intimidation, and profanity, will result in limited access to school premises and school activities for up to one (1) year. The length of the restriction will be determined by the Superintendent of Schools.
- Physical or violent behavior will result in a ban by the Board of Education from school premises and activities and will be referred to law enforcement.
- Failure to comply with the restricted access provided in these regulations will result in the filing of civil and/or criminal charges.

POLICY 1431

The Board of Education believes in and fosters a safe and orderly environment for all students, staff, and visitors.

Therefore, the Board of Education has established a code of conduct for parents, patrons, and visitors on school premises and at school activities. All parents, patrons, and visitors will be expected to conduct themselves in a manner reflective of a positive role model for children. Public displays contrary to this expectation as provided in Regulation 1431 will result in sanctions which will limit a person's access to school activities and school premises.

Dear Parent and/or Guardian,

Today your child was given a copy of the Tina Avalon R-II High School Athletic, Club, and Activity Handbook, which includes the policies set forth and approved by the Board of Education and the Missouri State High School Activities Association. It is very important for you to read over with your student athlete the requirements to maintaining eligibility, and the symptoms of a concussion. This booklet is a reference to you and information about the activities available to your child(ren). Please take time to review this handbook and if you have any questions feel free to contact us.

At the bottom of this letter is an acknowledgement that states you and your child(ren) have read and understand the contents of the handbook. To be eligible to participate in any of the activities of competition you must sign and return this to the school.

Sincerely,

Jana Holcer

William Dow

Superintendent

Principal /Athletic Director

I have received a copy of the 2016-17 Tina Avalon R-II High School Athletic, Club, and Activity Handbook.

Student(s) Name _____

Student(s) Signature _____

Signature of Parent/Guardian

Date